



NHOA, NHSPA Summer Symposium

July 31, 2026

Register now: <http://nhoa-106395.square.site/>

07:30 AM	Registration, Breakfast, Visit Exhibitors
08:00-09:00	Advances in Diabetes Care: Evidence-Based Updates for Clinicians: Christopher N. Beaudet, MSN, APRN, FNP-BC * Determine appropriate timing and indications for therapy escalation, including transition from oral agents to insulin or other injectable therapies (e.g., GLP-1 receptor agonists)
09:00-10:00	Chronic Kidney Disease: Early Patient and Healthcare Team Awareness Avoids a Tsunami of Illness: Terrance J O'Neil, MD, FACP * Understand the changing definition of chronic kidney disease
10:00-10:15	Break and Visit Exhibitors
10:15- 11:15	Lifestyle Modifications for Diabetics: Mary Pearson, DO * How to get people to buy into lifestyle change
11:15- 12:15	Responding to Diabetic Emergencies: Frank Hubbell, DO * Recognizing and treating hypoglycemia, DKA, HHS
12:15-12:30	Lunch and Visit Exhibitors
12:30-01:30	Cerebrovascular Complications of Diabetes Mellitus: Alexandra Filippakis, DO, Suzanne Jalbert-Jones, BM, MA * Describe the pathophysiological mechanisms by which diabetes mellitus increases cerebrovascular risk, including the roles of chronic hyperglycemia, endothelial dysfunction, and prothrombotic state
01:30-02:30	Beyond Glucose Control: Optimizing Blood Pressure Management in Patients with Diabetes: Hailey Choi, PharmD, BCACP, CDCES * Apply current guideline recommendations to select and optimize antihypertensive therapy in patients with diabetes, including blood pressure targets and first-line agents
02:30-02:45	Break and Visit Exhibitors
02:45-03:45	Diabetic Retinopathy in Clinical Practice: Thamolwan (Tammy) Surakiatchanukul, MD, Rachel Lamy, DO, MPD * Review the epidemiology and pathophysiology of diabetic retinopathy

03:45-04:45

Neurological Features of Diabetes: Chris Martino, DO
* Review the CNS /PNS features of Diabetes