

2026 NHOA Winter Symposium

Attn: Catrina Watson
Executive Director of
Association Services
NH Medical Society
Two Capital Plaza
Suite 401
Concord, NH 03301
Direct: 603.406.5267

Name _____

Address _____

City _____

State/ZIP _____

Telephone _____

Email _____

Choose - **LIVE** or **REMOTE**

Total Enclosed _____

Pay Online at:

<https://nhoa-106395.square.site/>

Early Bird Registration* (by 12/15/25)

- NHOA Member \$350
- DO/MD Non-member \$450
- NHSPA Member \$300
- PA Non-Member \$350
- Resident \$50, Students: Free

Regular Registration* (After 12/15/25)

- NHOA Member \$450
- DO/MD Non-member \$550
- NHSPA Member \$400
- PA Non-Member \$450
- Resident \$100, Students: Free

*Registration fee covers daily breakfast plus Friday lunch & Fri dinner for full course paying registrants. (Guests may attend dinner for an additional fee.)

LOCATION & LODGING

Grand Summit at Attitash
104 Grand Summit Road
Bartlett, NH 03812

GUEST ROOMS

Rates vary by room size and number of guests. Call 1-833-374-6700 for room block information. Ask for the NHOA group rate or use reference #108400.

Rooms include:

- ❖ Free use of fitness center
- ❖ Heated Outdoor Pool

Activities on site:

- ❖ game room
- ❖ dining

Visit nhosteopath.org or
<https://nhspa.mypanetwork.com/> for
updates

Questions, please call 1-603-224-7083



The NH Osteopathic Association's

Winter CME Symposium

In Collaboration
with NH Society of
Physician Associates



Grand Summit at Attitash Bartlett, NH

Jan 30- Feb 1, 2026

Join us for information
you can use in your
practice & earn 3 opioid
credits on Sunday

Friday, January 30

7-8:00 am NHOA Board Meeting

8-8:45 Registration, Continental Breakfast, Visit Exhibitors

8:45-9:00 Welcoming Remarks

9:00-10:00 Supplementation to Optimize GI Function: Trish Murray, DO

10:00- 11:00 Recognizing Pediatric Maltreatment: Heather Gallagher, PA

11:00-12:00 Child Abuse Case Review: Brian Beals, MD

12-1:30 Lunch, NHOA Meeting, Visit Exhibitors & View Posters

1:30-2:30 A Potpourri of ENT: Richard Kardell, DO

2:30-3:30 Weight Loss Medications: What's new and effects: Sarah Finn, MD

3:30-3:45 Break, Visit Exhibitors

3:45-5:45 Hands on POCUS: Andrew Seefeld, MD

6:30-8:00 Family Dinner (Guest Registration Required)

Saturday, January 31

7-7:15 am Breakfast, Visit Exhibitors

7:15-8:15 Testosterone Optimization & Functional Health: Corey Collins, DO, MBA

8:15-9:15 Antibiotic Stewardship: Rachel Barker, RPH

9:15-10:15 Lifestyle Medicine: Eli Bueno, DO

10:15-10:30 Break, Visit Exhibitors

10:30-11:30 Approach to Hematuria: Liam Hurley, MD

11:30-12:30 Workplace Violence: Jonathan Beach, DO

Free Time for the day

Speakers and times subject to change



Sunday, February 1 (3 Opioid Credits)

7:00 am Breakfast, Visit Exhibitors

7:30-8:30 Opioids: Johnathan Beach, DO

8:30-9:30 Pain Management for MS: Anne Cabot, DO

9:30-10:30 Opioids: Molly Rossignol, DO

10:30 am Adjourn

The New Hampshire Osteopathic Association has requested that the AOA Council on Continuing Medical Education approve this program for 15 hours of *AOA Category 1-A CME credits*.

Thank you to our program chairs!

