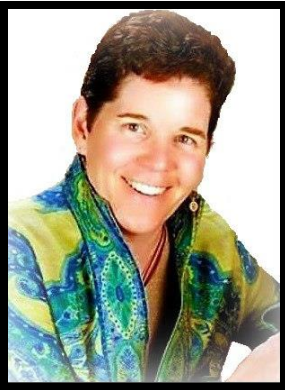


MM EDUCATION SERIES

Manual Medicine



Dr. Patricia Murray received her Doctor of Osteopathic Medicine degree in 1999 from UNECOM. Prior to medical school she was a high school teacher for ten years. She completed an osteopathic internship in 2000 at UCONN, followed by a traditional internal medicine residency at UCONN. After residency, she practiced primary care internal medicine along with Osteopathic Manipulative Medicine from 2003-2005, and then went on to become a specialist in Neuromusculoskeletal Medicine and Osteopathic Manipulative Medicine (NMMOMM).

She has taught CME courses in manual medicine for many years and has been asked numerous times to produce a video series that focuses on the lab demonstrations of the different manual medicine techniques taught at the live courses. Dr. Murray has primarily taught manual medicine CME courses at UNECOM in Biddeford, Maine. During these courses five core Manual Medicine techniques are taught. You can read more about Dr. Murray and her practice by visiting: TMurrayWellness.com

Attention MD's, D.O's, PA's, PT's and NP's

Learn how to help your patients heal their pain and feel great without having to take another pill, while earning continuing medical education credits from the comfort of your own home without the big expenses of traveling to a live course! Whether you are a practitioner already in the movement and musculoskeletal field or a practitioner who is ready to expand your knowledge into this field, Dr. Murray provides the functional anatomy you need to know and then focuses on the demonstrations of exactly how to do each of the techniques presented.

22 CME Credits available from the comfort of your own home!

Four Full courses available:

- Introductory Course (\$250.00 / 6.0 CME)
- Hip and Lower Extremity (\$250.00 / 6.0 CME's)
- Pelvis (\$300.00 / 6.0 CME's)
- Manual Medicine for the Pregnant Patient (\$150.00/ 4.0 CME's)

These courses have lectures to cover imperative concepts, while mostly focusing on video demonstrations on how to apply the different Manual Medicine techniques.

Techniques covered:

- Muscle Energy
- Strain-Counterstrain
- HVLA
- The Still Technique
- Soft Tissue Techniques

Not looking to take an entire course? We offer subsections of interest available separately:

1. Principles and Practices of OMM: \$25.00 / 0.5 CME's
2. Muscle Energy Technique: \$50.00 / 1.0 CME's
3. Strain-Counterstrain: \$50.00 / 1.0 CME's
4. The Still Technique: \$50.00 / 1.0 CME's
5. Soft Tissue Techniques: \$50.00 / 1.0 CME's
6. The Knee: \$75.00 / 1.5 CME's
7. The Ankle: \$50.00 / 1.0 CME's
8. The Foot: \$50.00 / 1.0 CME's
9. Innominate & Pubic Symphysis Course \$150.00 / 2.5 CME's
10. Sacrum Course \$150.00 / 2.5 CME's
11. Pelvis Counterstrain Course \$50.00 / 1.0 CME's

Check out a **free** demo of
Dr. Murray's online courses by going to:
www.OMMEducation.com

**For more information, you can contact us at:
603-447-3112 or email us at: TMWellness.OM@gmail.com**